



# The Theory and Practice of Group Psychotherapy

*Irvin D. Yalom*

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## **The Theory and Practice of Group Psychotherapy** Irvin D. Yalom

Hailed by Jerome Frank as "the best book that exists on the subject, today and for the foreseeable future". Yalom's *The Theory and Practice of Group Psychotherapy* has long been the standard text in its field. In this completely revised and expanded third edition, Dr. Yalom presents the most recent developments in the field, drawing on nearly a decade of new research as well as his own broad clinical wisdom and experience. In addition to entirely new material, the author has updated the style and content of the chapters, while retaining valid research and clinical observations. Illustrating the text are cases from nearly 2,000 group sessions that he has led over the past decade. "Lucid, focused, and in a word superb!"--Myron F. Weiner, Univ. of Texas Health Sciences Center. Tables, Notes and Index.

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