



Rabbit Food Cookbook: Practical Vegan Recipes, Food History, and Other Miscellany

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A vegan and vegetarian cookbook with 90 delicious recipes, Rabbit Food is a charming and accessible guide to eating well for a more thoughtful, sustainable life. With handwritten text and 250 crafty block print illustrations, this book has fun appeal for readers who want to life a more healthful and sustainable lifestyle. Author Beth Barnett includes tips on everything from how to plant your first garden to how to sew your own reusable grocery bag. Here is ample information delivered in a playful package to help you eat better, benefitting both your body and the world.



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