



**Best of the Best from the Mid-Atlantic Cookbook:  
Selected Recipes from the Favorite Cookbooks of  
Maryland, Delaware, New Jersey and Washington,  
D.C.**

*Gwen McKee*

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# Best of the Best from the Mid-Atlantic Cookbook: Selected Recipes from the Favorite Cookbooks of Maryland, Delaware, New Jersey and Washington, D.C.

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## **Best of the Best from the Mid-Atlantic Cookbook: Selected Recipes from the Favorite Cookbooks of Maryland, Delaware, New Jersey and Washington, D.C.** Gwen McKee

Catch the fresh flavor of the Mid-Atlantic region with this compilation of over 400 of the area's most popular recipes. From the Atlantic shore in New Jersey, across Delaware, to Chesapeake Bay nestled snugly in the state of Maryland, and inland to the bustling streets of our nation's capital, seventy-nine cookbooks contributed their most requested recipes. What will you try first? Creamy Atlantic Coast Fish Chowder (page 66) or Imperial Crab Casserole (page 172)? Tilghman Island Crab Melt (page 16) or Cape May French Toast Casserole (page 56)? Perhaps the unbeatable Best Maryland Crabcakes (page 165)! And who can resist the heart Annapolis Harbor Boil (page 194) or savory Union Street Spinach Balls (page 30)? Desserts? How about sweet, fruit-filled Lemon Blueberry Bread Pudding (page 250) or Bal'More Rhubarb Pie (page 242)? Try them all to discover the unique cuisine of the Mid-Atlantic states.

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