



Inner Journeys: Explorations of the Soul

Gary M. Vasey

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Inner Journeys: Explorations of the Soul is an autobiographical account of studying with a western mystery school. It explains;

How to meditate, visualize, and explore inner worlds, What occult schools actually offer their students, Why the occult and magic have more in common with self improvement and psychoanalysis techniques than with the idea of wand waving, broom riding magicians



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