



# **Brain-Based Therapy with Children and Adolescents: Evidence-Based Treatment for Everyday Practice**

*John B. Arden, Lloyd Linford*

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Designed for mental health professionals treating children and adolescents, *Brain-Based Therapy with Children and Adolescents: Evidence-Based Treatment for Everyday Practice* is a simple but powerful primer for understanding and successfully implementing the most critical elements of neuroscience into an evidence-based mental health practice. Written for counselors, social workers, psychologists, and graduate students, this new treatment approach focuses on the most common disorders facing children and adolescents, taking into account the uniqueness of each client, while preserving the requirements of standardized care under evidence-based practice.

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