



# Kokology: More of the Game of Self-Discovery

*Tadahiko Nagao*

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## The Japanese bestseller comes to America!

Kokology is the popular Japanese psychological quiz game, based on the study of kokoro ("mind" or "spirit" in Japanese). It has now become a phenomenal success in America as well. Using sound psychological principles, Kokology asks you to answer questions about seemingly innocent topics -- such as the color of an imaginary bird that has flown through your window, the cleanest room in an imaginary house, the sequence in which you read the articles in the daily paper -- and then reveals what your answers say about you.

This edition of *Kokology* includes over 100 of these situations and scenarios. Whether you play the game alone as a means of self-discovery or with friends (if you dare!) in an effort to discover more about each other, Kokology will provoke hours of reflection, insight, and hilarious good times.

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