



# The Handbook of Child and Adolescent Clinical Psychology: A Contextual Approach

*Alan Carr*

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This second edition of the hugely successful *Handbook of Child and Adolescent Clinical Psychology* incorporates important advances in the field to provide a reliable and accessible source of practical advice.

Beginning with a set of general conceptual frameworks for practice, the book gives specific guidance on the management of problems commonly encountered in clinical work with children and adolescents, drawing on best practice in the fields of clinical psychology and family therapy. In six sections, thorough and comprehensive coverage of the following areas is provided:

- frameworks for practice
- problems of infancy and early childhood
- problems of middle childhood
- problems in adolescence
- child abuse
- adjustment to major life transitions.

Each chapter dealing with specific clinical problems includes detailed discussion of diagnosis, classification, epidemiology and clinical features, as well as illustrative case examples.

This book will be invaluable both as a reference work for experienced practitioners, and an up-to-date, evidence-based practice manual for clinical psychologists in training.

*The Handbook of Child and Adolescent Clinical Psychology* is one of a set of three handbooks published by Routledge, which includes *The Handbook of Adult Clinical Psychology* (Edited by Alan Carr & Muireann McNulty) and *The Handbook of Intellectual Disability and Clinical Psychology Practice* (Edited by Alan Carr, Gary O'Reilly, Patricia Noonan Walsh and John McEvoy).

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