



Cognitive-Behavioral Interventions in Educational Settings: A Handbook for Practice

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This text applies Cognitive Behavior Therapy (CBT) to use in school settings, presenting the first comprehensive integration of theory with specific intervention strategies and techniques designed for work in school. An essential reference text for mental health professionals working closely with school officials, it is also useful as a resource for school psychologists, guidance counselors, pupil personnel support staff, school social workers and clinical psychologists. Chapters are organized around topics such as anxiety, depression, eating disorders, peer aggression and bullying, ADHD, and parent consultation, and include assessment tools, tips and strategies, intervention techniques, and case studies. Including contributions from a renowned group of scholars and practitioners, this collection represents a standard upon which future progress can be built.

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