

Discovering the GEM in you: An interactive journey to self empowerment for girls (Volume 1)

Mrs. Adriane Jones - Simmons, Miss Andriel Long



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This interactive book will guide teen and tween girls in recognizing their capabilities while maintaining and building a high level of self-esteem. This book also includes words of advice from other positive, ambitious and inspirational young ladies! These young ladies will share their thoughts on building and maintaining a high level of self-esteem and self-worth, preparing for a successful future, the importance of creating a positive reputation for yourself, embracing your inner and outer beauty, "Anti- Bullying" and showing compassion for others. "Discovering The GEM in You", is a product of G.E.M.S. and Jewels Empowerment Group for Girls. www.gemsandjewelsgirl.com

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