



Person-Centred Counselling in Action (Counselling in Action series)

Dave Mearns, Brian Thorne

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Widely regarded as a classic text, **Person-Centred Counselling in Action** has now been revised and updated to take account of recent developments in theory and practice. This bestselling exploration of one of the most popular approaches in counselling today is invaluable for students and experienced counsellors alike.

The authors explore the philosophical base to the approach originated by Carl Rogers and stress the considerable persona

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