



Herbs for Natural Beauty: Create Your Own Herbal Shampoos, Cleansers, Creams, Bath Blends, and More. A Storey BASICS® Title

Rosemary Gladstar

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In this Storey Basics® guide, renowned herbalist Rosemary Gladstar shares her favorite recipes for holistic beauty and body care, including her amazing five-step skin care program and all-natural recipes for herbal cleansers, steams, astringents, creams, therapeutic bath blends, massage oils, shampoos, conditioners, and more.

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