



Affirmation Weaver: A Believe in Yourself Story, Designed to Help Children Boost Self-esteem While Decreasing Stress and Anxiety

Lori Lite

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Children love to turn self-doubt into self-belief. Children relate to the dolphin in this story as the sea creatures show him how to believe in himself. Watch your child increase self-esteem and build inner strength as the sea creatures weave a web of positive statements. This positive thinking technique can be used to bolster self-esteem, manage stress, accomplish goals, and increase optimism. This encouraging story will bring a smile to your face and give your child a tool that will last a lifetime.

Children love to turn self-doubt into self-belief. Children relate to the self-doubting dolphin in this story as the sea creatures show him how to believe in himself. Watch your child increase self-esteem and build confidence as the sea creatures weave a web of positive statements. This positive thinking technique can be used to bolster self-esteem, manage stress, accomplish goals, and increase optimism. This encouraging story will bring a smile to your face and give your child a tool that will last a lifetime. This story is longer making it ideal for older children or those with a longer attention span.

Affirmation Weaver is also featured on the Indigo Ocean Dreams Audio/CD and is available as an interactive APP on the iTunes bookstore. It is also available in several eBook formats.

Note to Parent:

Children truly enjoy making positive statements. It is easier for children than it is for adults because kids still love themselves. Children are willing and eager to give themselves a compliment. Every child has a different emotional maturity, attention span, and need. While the stories are best suited for ages 6-12, do not let this be your primary reason for selecting. You know your child best and remember this is not about the reading level. The focus is on the actual techniques.

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