



Confessions Of A Cutter: A True Story of Sexual Abuse, Self Mutilation, and Recovery

Lisa Verde

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In this shockingly candid memoir, award-winning writer Lisa Verde exposes the truth about her personal journey with self mutilation. She details the years of childhood sexual abuse, humiliation, and neglect that finally led to the spontaneous revelation that cutting and burning herself would keep her tethered to reality.

In a boldly convention-defying analysis, Verde asserts that burning and cutting herself from age 11 to 19 was a strong self-administered therapy that ultimately saved her sanity and her life.

As she writes: "I wanted to die, but more than that, I wanted to not die."

This work of non-fiction represents the very intimate struggle of one girl's journey into womanhood and wellness, through the personal struggle for courage and sanity.

Approximately 12,500 words, or 45-60 minutes of reading time.

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Melissa Hopkins:

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Kristin Walker:

In this period globalization it is important to someone to get information. The information will make professionals understand the condition of the world. The health of the world makes the information better to share. You can find a lot of referrals to get information example: internet, classifieds, book, and soon. You can view that now, a lot of publisher this print many kinds of book. The actual book that recommended for you is Confessions Of A Cutter: A True Story of Sexual Abuse, Self Mutilation, and Recovery this book consist a lot of the information from the condition of this world now. This kind of book was represented just how can the world has grown up. The terminology styles that writer use to explain it is easy to understand. Often the writer made some study when he makes this book. That is why this book acceptable all of you.

Billy Anderson:

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