



A Parent Guide to Hair Pulling Disorder: Effective Parenting Strategies for Children with Trichotillomania (Formerly "Stay Out of My Hair")

Suzanne Mouton-Odum PhD, Ruth Goldfinger Golomb LCPC

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A Parent Guide to Hair Pulling Disorder: Effective Parenting Strategies for Children (formerly, "Stay Out of My Hair") with Trichotillomania is a guide for parents of children with compulsive hair pulling, or trichotillomania, that explains the nature and causes of the problem and methods for treatment and obtaining help. The book also addresses the particular challenges facing parents in dealing with this little known and misunderstood behavior, which is common among children and adolescents

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