



Zen Kitty: A Cat's Guide to Enlightenment

Vanessa Sorensen

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Everyone knows two things: that Zen is the path to enlightenment and that cats are superior beings with deep wisdom about life. When you put the two together, you get gorgeous Eastern-style brushwork combined with joyful cat haiku that puts readers firmly on their way to nirvana:

-Soft pillow
Gentle kneading
Deep rumble from within

-Listen to your body
for it will tell you
all you need to know

-A good stretch
The sun on your fur
True contentment

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