

Treatment of Eating Disorders: Bridging the research-practice gap



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Eating disorders (EDs) affect at least 11 million people in the United States each year and spread across age, race, ethnicity and socio-economic class. While professional literature on the subject has grown a great deal in the past 30 years, it tends to be exclusively research-based and lacking expert clinical commentary on treatment. This volume focuses on just such commentary, with chapters authored by both expert clinicians and researchers. Core issues such as assessment and diagnosis, the correlation between EDs and weight and nutrition, and medical/psychiatric management are discussed, as are the underrepresented issues of treatment differences based on gender and culture, the applications of neuroscience, EDNOS, comorbid psychiatric disorders and the impact of psychiatric medications. This volume uniquely bridges the gap between theoretical findings and actual practice, borrowing a bench-to-bedside approach from medical research.

* Includes real-world clinical findings that will improve the level of care readers can provide, consolidated in one place * Underrepresented issues such as gender, culture, EDNOS and comorbidity are covered in full * Represents outstanding scholarship, with each chapter written by an expert in the topic area

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